#### Newsletter. 02

**POSITIVE** Prevention Of S

Prevention Of Stress by exploITing an Innovative Virtual Environment

#### 8-9 September, 2022

# Transnational Project Meeting at Kaunas, Lithuania

The Transnational Project Meeting took place face-to-face as planned on the 8th and 9th of September 2022, at Kaunas in Lithuania. All partners were present and essential project decisions were taken. The project meeting started with the presentation of the first project result which is a students' needs analysis and compares how stress and other related mental health issues affect secondary school students in partner countries. Important decisions were taken regarding the implementation and planning of the 3DVWLE development.



#### 28 September, 2022

## 1st Multiplier Event by Arsakeio school at the Patras Science Centre

The first Multiplier event was organized by Arsakeio school at the Patras Science Centre, and more than 50 people participated. participants local The were stakeholders, such as parents of students, teachers, educational administrators, and other students' related professionals. All of them were informed about the the project goals, as well as the results of PR1, which includes the report on the students' needs regarding stress sources and the type of gamification elements they want to experience in a virtual world environment. Fruitful feedback was collected by the participants, since they expressed high interest for the project and its outcomes.



WEBSITE www.positivelearning.eu













### **3DVWLE testing**

Selected students from all participating schools (Rates, Arsakeio, Kauno Jono ir Petro Vileisiu vidurine mokykla in behalf of eMundus, and LosPinos) are entering the world, are participating in several scenarios, reading the educational material, and then participating in surveys for evaluation of the usability of the environment as well as the environment's effectiveness in increasing students stress awareness and enhancing their coping mechanisms.













One year in the project, outputs and progress are developing timely.

The first outcome of the project was ready after the first six months as planned and now, the testing of the Alpha version of the 3dVWLE is advancing as planned. All partners all now working on preparing the release of the Beta version of the 3DVWLE.



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